



NEBOSH INTERNATIONAL GENERAL CERTIFICATE IN OCCUPATIONAL SAFETY AND HEALTH

A practical route to safer workplaces and stronger professional credibility.

2 ASSESSMENT UNITS

70 GUIDED LEARNING HOURS

LEVEL 3 UK RQF COMPARABLE LEVEL

AMI INITIAL ASSESSMENT REQUIRED

ABOUT THE QUALIFICATION

Launched in 2006, the NEBOSH International General Certificate is recognised around the world. It develops the knowledge and practical capability needed to identify hazards, assess risk, advise on responsibilities and improve health and safety performance.

The qualification addresses general workplace issues and is suitable for organisations of every size and sector. Learners build competence that can be applied in operational, supervisory and advisory roles.

SCQF 6
QUALIFICATION LEVEL

RQF 3
COMPARABLE LEVEL

11
SCQF CREDITS

70 H
TAUGHT LEARNING

40 H
SELF-STUDY

9 H
ASSESSMENT

FOR INDIVIDUALS

Build confidence, credibility and transferable skills for current duties or a developing safety career.

FOR EMPLOYERS

Strengthen internal capability to control risk, support compliance, improve culture and protect people.

From admission to qualification

A structured pathway combining guided learning, independent study and workplace application

ENTRY POSITION AND ADMISSION

NEBOSH ENTRY POSITION

NEBOSH sets no formal entry requirement

AL MOALEM INSTITUTE ADMISSION

Candidates must pass the Al Moalem Institute Initial Assessment before admission to the programme.

YOUR LEARNER JOURNEY

01	AMI INITIAL ASSESSMENT Confirm readiness for the programme.
02	GIC1 LEARNING 30 taught hours plus 20 hours of self-study.
03	GIC1 ASSESSMENT Five-hour open-book examination.
04	GIC2 APPLICATION 40 taught hours, 20 self-study hours and a workplace risk assessment.
05	QUALIFICATION Pass both units within the five-year completion period.

Develop knowledge that supports action

Move from understanding duties and systems to managing practical workplace risk

ON COMPLETION, YOU WILL BE ABLE TO

JUSTIFY health and safety improvements using moral, financial and legal arguments.

ADVISE on duties, responsibilities and effective contractor management.

WORK WITH health and safety management systems and effective policies.

INFLUENCE organisational safety culture, behaviour and human factors.

ASSESS general workplace risks using a structured and proportionate process.

PRACTICAL CAPABILITIES

MANAGE CHANGE Recognise safety impacts and plan effective controls.

DEVELOP Create safe systems of work, permits and emergency arrangements.

INVESTIGATE Examine incidents and recognise why recording and reporting matter.

MONITOR Review performance through measurement, audit and management review.

CONTROL HAZARDS Evaluate existing measures and recommend improvements.

COMMUNICATE Present practical findings and follow actions through to review.

GIC1 MANAGEMENT OF HEALTH AND SAFETY

PROVISIONAL GRADING

REFER 0-44 Marks **PASS** 45-64 Marks **CREDIT** 65-74 Marks **DISTINCTION** 75-higher

Provisional pass mark: 45%. NEBOSH confirms final results after assessment and quality-assurance processes.

Elements 1-4: Manage health and safety

Build the organisational knowledge needed to lead, advise, assess and improve

ELEMENT 1 |

Why we should manage workplace health and safety

Moral and societal expectations; financial effects; legal and regulatory principles; duties of workplace groups; contractor selection and management.

ELEMENT 2 |

How health and safety management systems work

ISO 45001 and ILO-OSH approaches; benefits and limitations of management systems; policy purpose, structure, responsibilities and arrangements.

ELEMENT 3 |

Managing risk - understanding people and processes

Culture and human factors; consultation and communication; risk profiling and assessment; change management; safe systems of work; permits; emergencies and first aid.

ELEMENT 4 |

Health and safety monitoring and measuring

Incident investigation; reactive and active monitoring; performance measurement; auditing; management review and continual improvement.

UNIT EMPHASIS

APPLY KNOWLEDGE TO REALISTIC SCENARIOS

Successful responses use relevant facts, explain why points matter and connect recommendations directly to the scenario.

THE MANAGEMENT CYCLE

01
WHY

02
SYSTEM

03
RISK

04
REVIEW



GIC 2 – RISK ASSESSMENT

PASS STANDARD

60/100 PASS: 60% OR HIGHER

REFER STANDARD

59/100 REFER: 59% OR LOWER

MARKING AND COMPLETION TIME

The assessment is marked by a NEBOSH-appointed examiner. Around four hours is recommended for completion, but this is guidance rather than a fixed time restriction.

Build a complete, evidence-based risk assessment

Four sections combine workplace context, hazard assessment, prioritisation and review

MARK ALLOCATION

SECTION 1 10 MARKS

BACKGROUND

Describe the organisation, assessment area, information sources and hazard-identification approach.

SECTION 2 65 MARKS

RISK ASSESSMENT

Assess hazards from at least five categories; identify who may be harmed; record existing controls; assign actions, owners and timescales.

SECTION 3 17 MARKS

PRIORITISE ONE HAZARD

Select one high-priority hazard already included in the assessment and justify the action using moral, legal and financial reasoning.

SECTION 4 8 MARKS

COMMUNICATE, CHECK AND REVIEW

Explain communication, review and follow-up arrangements so actions remain effective and current.

WORKPLACE, SCOPE AND INTEGRITY

LOCATION Use your own workplace or another suitable location arranged with the Learning Partner.	SAFETY Obtain management agreement and follow site restrictions and PPE requirements.
COMPLETE Address every section and column of the official assessment template.	OWN WORK The submitted assessment must be the learner's own work. Tutors may advise on approach but cannot pre-mark drafts.

Elements 5-11: Recognise hazards and recommend controls

The practical hazard elements are assessed through the GIC2 workplace risk assessment

ELEMENT 5 | 7 HOURS

Physical and psychological health

Noise; vibration; radiation; mental ill-health; violence at work; substance misuse and appropriate controls.

ELEMENT 6 | 5 HOURS

Musculoskeletal health

Manual handling; work-related upper-limb disorders; ergonomic controls; lifting equipment and safe lifting operations.

ELEMENT 7 | 6 HOURS

Chemical and biological agents

Hazardous substances; routes of entry; exposure limits; assessment and control; asbestos, silica, wood dust, blood-borne viruses and other agents.

ELEMENT 8 | 9 HOURS

General workplace issues

Welfare and temperature; work at height; confined spaces; lone work; slips and trips; people and vehicles; work-related driving.

ELEMENT 9 | 5 HOURS

Work equipment

Equipment suitability; hand tools; machinery hazards; maintenance; guarding; protective devices; training and supervision.

ELEMENT 10 | 4 HOURS

Fire

Fire principles; prevention; storage; fire spread; alarms; extinguishing equipment; escape and evacuation arrangements.

ELEMENT 11 | 3 HOURS

Electricity

Electric shock, burns and secondary effects; equipment and cable hazards; isolation, earthing, protection, inspection and maintenance.

PRACTICAL EMPHASIS: FROM HAZARD TO ACTION

For each risk, identify who may be harmed, evaluate existing controls and recommend sensible, prioritised improvements.

PROGRESSION ROUTE

01 FOUNDATION

NEBOSH International General Certificate

Develop operational knowledge and practical risk-assessment capability.

02 ADVANCED STUDY

NEBOSH Level 6 International Diploma

Progress to deeper professional-level learning in health and safety management.

03 FUTURE DIRECTION

Postgraduate study and senior practice

Explore higher education, leadership roles and specialist development as experience grows.

PROFESSIONAL MEMBERSHIP OPPORTUNITIES

EXPAND YOUR PROFESSIONAL NETWORK

Holders are entitled to apply for Associate Membership (AIIRSM) of the International Institute of Risk and Safety Management. IOSH Affiliate or Technical Membership routes may also be available where current qualification, assessment-location and experience requirements are satisfied.

POTENTIAL CAREER DIRECTIONS

DEVELOP TOWARD BROADER RESPONSIBILITY

Health and Safety Officer, HSE Coordinator, Safety Supervisor, Risk and Compliance Officer, Health and Safety Adviser and, with suitable experience and further development, HSE management and leadership roles.

IMPORTANT ELIGIBILITY NOTE

Professional membership is separate from the NEBOSH qualification award. Professional bodies apply their own current criteria, application processes, experience requirements and fees. Confirm eligibility directly before applying.

READY TO TAKE THE NEXT STEP?

Contact Al Moalem Institute for the next schedule, delivery options, fees and admission assessment.

Al Moalem Institute

PO Box 20649, Seef District, Kingdom of Bahrain

Tel: +17400766 ,17400755 ,17553808 973 Fax: +17554240 973

Email: almoalem@almoalem.net

www.almoalem.net



f [Almoalem.Institute](#)

t [moaleminstitute](#)

@ [moalem](#)

s [Almoalem.Institute](#)