



# BASIC FIRST AID

## Course Overview:

Basic First Aid is a combined adult CPR, AED, and first aid training program designed for all workplace first aid providers, emergency response team members, firefighters, police officers, security personnel and adult care personnel.

## Assessment Method:

Pass or Fail

- Written question examination
- Observed reasonable performance of core skill learning objectives

## Recommended Entry:

None



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## Content outline:

- First Aid Station Requirements
- Role of the First Aid Provider
- Approaching the Patient
- Sudden Cardiac Arrest
- Basic CPR Skills
- Basic Life Support (BLS) Care
- Foreign Body Airway Obstruction
- First Aid Assessment
- Caring for Serious Injury
- Burns
- Caring for Sudden Illness
- Poisoning
- Environmental Emergencies
- Additional Considerations during Emergencies
- Specific First Aid Topics on Specific First Aid Injuries
- Casualty Management

8  
Hours



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