



INTERNATIONAL GENERAL CERTIFICATE IN OCCUPATIONAL HEALTH AND SAFETY

**COURSE
DURATION**
**70
HOURS**

COURSE OVERVIEW

The NEBOSH International General Certificate will give you invaluable knowledge and skills AND a globally respected qualification that supports your current role and your long-term career. NEBOSH is trusted by many prestigious organizations such as Maersk, Shell, BP, Skanska, Nestle and the Dubai World Trade Centre.

It can help to:

- Minimise workplace injuries and illness
- Boost employee wellbeing
- Demonstrate your commitment to health and safety, which can help win business
- Strengthen your health and safety culture
- Ensure your organisation has valuable in-house health and safety expertise

PRE-REQUISITES

There are no specific entry requirements.



COURSE TOPICS

- Why we should manage workspace health & safety
- How health & safety management systems work and what they look like
- Managing risk - understanding people & processes
- Health and safety monitoring and measuring
- Physical and psychological health
- Musculoskeletal health
- Chemical and biological agents
- General workspace issues
- Work equipment
- Fire
- Electricity

TARGET LEARNERS

- Relevant to every workplace
- Ideal for managers, supervisors, or anybody with health and safety management responsibilities
- Perfect for those embarking on a health and safety career

ASSESSMENT METHOD

- **Unit IG1:** Open book examination (OBE) – 4 Hours
- **Unit IG2:** Practical assessment – 3 Hours

PROGRESSION

- Award and Certificate level qualifications: process safety, construction, environmental management and leadership.
- NEBOSH Diplomas or Masters qualification.

COURSE LEARNING OUTCOMES

- Justify health and safety improvements using moral, financial and legal arguments
 - Advise on the main duties for health and safety in the workplace and help their organization manage contractors
 - Work within a health and safety management system, recognizing what effective policy, organizational responsibilities and arrangements should look like
 - Positively influence health and safety culture and behavior to improve performance in their organization
 - Do a general risk assessment in their own workplace – profiling and prioritizing risks, inspecting the workplace, recognizing a range of common hazards, evaluating risks (taking account of current controls), recommending further control measures, planning actions
 - Recognize workplace changes that have significant health and safety impacts and effective ways to minimize those impacts
 - Develop basic safe systems of work (including taking account of typical emergencies) and knowing when to use permit-to-work systems for special risks
 - Take part in incident investigations
- Help their employer to check their management system effectiveness – through monitoring, audits and reviews



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